

BREAKFAST

We serve breakfast until 11am Mon - Fri, 1pm Sat & Sun

BREAKFAST OF CHAMPIONS 21

STEAK, HOME FRIES, 2 EGGS SUNNY SIDE UP, TOMATO, AVOCADO

J CAFE BREAKFAST 14

2 EGGS ANY STYLE, BACON, SAUSAGE, HOME FRIES & TOAST

BREAKFAST BURRITO 11

EGGS, CHEDDAR, PEPPERS, ONIONS, CILANTRO & BACON OR SAUSAGE

THE DAD'S OF PELHAM BREAKFAST BURRITO 12

EGGS, MELTED CHEDDAR, PEPPERS, ONIONS, CILANTRO, BACON, SAUSAGE & HAM IN A TORTILLA

THE MOM'S OF PELHAM BREAKFAST BURRITO 11

EGG WHITES, AVOCADO, ONIONS, PEPPERS & CILANTRO

THE DOSA BREAKFAST 15

EGG WHITES, ONIONS, PEPPERS, MELTED JACK, CILANTRO, MUSHROOMS & TOMATO, ADD BACON OR SAUSAGE +3

WOLFS LANE BAGEL BREAKFAST 16

SMOKED SALMON, CREAM CHEESE, TOMATO, ONION & CAPERS

CRUNCHY FRENCH TOAST STICKS 12

CRUSTED THICK CHALLAH BREAD WITH SYRUP

OLD FASHIONED FRENCH TOAST 12

WITH SYRUP | ADD SAUSAGE OR BACON +3

ADD STRAWBERRY, BLUEBERRY, BANANA +1

PANCAKES WITH SWEET BUTTER & SYRUP 12

ADD BACON OR SAUSAGE +3

ADD STRAWBERRY, BLUEBERRY, BANANA, OR CHOCOLATE CHIPS +1

CROISSANT WITH NUTELLA 7.50

STRAWBERRIES & BANANA

HAM, BACON OR SAUSAGE, EGG & CHEESE 7.50

2 EGGS ON A KNOTTED ROLL 6.50

SIDES \$7 COUNTRY BACON | HAM | TURKEY OR PORK SAUSAGE
TURKEY BACON | HOME FRIES | REGULAR FRIES

PAN MADE OMELETS

ALL OMELETS INCLUDE TOAST | CHOOSE HOME FRIES OR SALAD

INCLUDES 3 EGGS | SUBSTITUTE EGG WHITE +1.50

BACON & CHEDDAR 16

CHEDDAR, JACK & SWISS

LOX 17

SMOKED SALMON, SCALLION, & GOAT CHEESE

GARDEN 15

BROCCOLI, TOMATO, ONION & SWISS

GREEK 16

ONION, SPINACH, RED PEPPERS & FETA

WESTERN 16

CHEDDAR, HAM, ONION & GREEN PEPPERS

SHROOM 16

MUSHROOM, SPINACH TOMATO, ONION & SWISS

FRESH SALADS

ADD CRISPY/GRILLED CHICKEN +6.50, GRILLED SHRIMP +8, TUNA SALAD +6.50
GRILLED STEAK +11, PAN SAUTÉED SALMON +12, CHICKEN SALAD +6.50, QUINOA +3

THAI CHICKEN 18

BABY SPINACH, ROASTED PEPPERS, CUCUMBER, CARROTS, PEANUTS, SCALLIONS & THAI VINAIGRETTE

GREEK 14

ROMAINE, FETA, KALAMATA OLIVES, CUCUMBER, TOMATO, ONION, PEPPERS, OREGANO VINAIGRETTE

STEAK SALAD 21

ARUGULA, BLUE CHEESE, CARROTS, TOMATO, ONION & HOUSE DRESSING

GRILLED SHRIMP 19

FIELD GREENS, TOMATO, FETA, CUCUMBER, OLIVES, VINAIGRETTE

CAESAR 14

ROMAINE, PARMESAN, CROUTONS & CREAMY CAESAR DRESSING

CHICKEN SALAD 18

GREENS, BACON, SPICY WALNUTS, CRAISINS, AVOCADO, BALSAMIC

SAUTEED SALMON OVER SPINACH 25

SPINACH, TOMATO, CUCUMBER, ONIONS, FETA CHEESE, OLIVES, CHICKPEAS, OREGANO DRESSING

WALDORF 18

ROMAINE, CHICKEN, APPLE, SPICY WALNUTS, ONION & HONEY MUSTARD DRESSING

NOLA 18

FIELD GREENS, CAJUN CHICKEN, CORN, CARAMELIZED ONIONS, AVOCADO, VINAIGRETTE

J-CAFE 18

FIELD GREENS, GRILLED CHICKEN, GOAT CHEESE, CARAMELIZED ONIONS, APPLE, VINAIGRETTE

CRISPY CHICKEN 18

GREENS, ROASTED PEPPERS, FRESH MOZZARELLA, VINAIGRETTE

QUINOA FALAFEL 22

MIXED GREENS, GUACAMOLE, HUMMUS, CHERRY TOMATOES, RED ONIONS, SPICY CHICKPEAS, SCALLIONS, GOAT CHEESE

ROASTED BEET 15

ARUGULA, GOAT CHEESE, SPICY WALNUTS, VINAIGRETTE

COBB 19

GREENS, TURKEY, BACON, BLUE CHEESE, EGG, TOMATO, CUCUMBER, ONION, RASPBERRY VINAIGRETTE

PAN SAUTEED SALMON SALAD 25

ARUGULA, CUCUMBERS, TOMATO, AVOCADO, GOAT CHEESE & LEMON OLIVE OIL DRESSING

QUINOA SALADS

MEDITERRANEAN QUINOA 14

QUINOA, RED PEPPER, CUCUMBER, RED ONIONS, OLIVES, PESTO, CHICKPEAS, SUNDRIED TOMATO, FETA, OREGANO DRESSING

ASIAN QUINOA 14

QUINOA, SPINACH, DRIED CRANBERRIES, MANDARIN ORANGES, SCALLIONS, CILANTRO, PEANUTS, TOASTED SESAME SEEDS

MEXICAN QUINOA 14

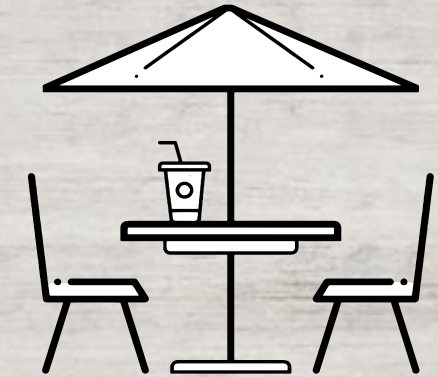
QUINOA, BLACK BEANS, CORN, TOMATO, RED ONIONS, JALAPEÑOS, LIME JUICE/ZEST, OLIVE OIL, CILANTRO

BROCCOLI QUINOA 14

QUINOA, BROCCOLI, CRANBERRIES, SPICY CHICKPEAS, WALNUTS, BASIL, PARMESAN, LEMON DRESSING

GLUTEN FREE BLISS 14

QUINOA, POACHED PEAR, SPINACH, SPICY WALNUTS, CHICKPEAS



GIVE US A CALL | VISIT OUR WEBSITE | ORDER ONLINE

914-738-7395

MONDAY - SATURDAY
7AM - 6PM

SUNDAY
8:30AM - 6PM

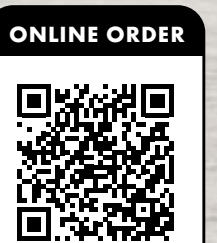
JCafePelham.com
PelhamJCafe@gmail.com

129 Wolfs Lane
Pelham, NY 10803



@PELHAMJCAFE

Please let management know if you have any food allergies before placing your order. We will be happy to help out! Thank you!



Ask about our Build-Your-Own-Salad menu!

COFFEE

FRESH BREWED PREMIUM COFFEE SELECTION

COFFEE OF THE DAY	MD	LG
MEDIUM DARK ROAST	3.00	3.20
ESPRESSO		
ESPRESSO	3.30	4.10
AMERICANO	3.90	4.30
CAPPUCCINO	4.40	4.70
CAFFE LATTE	4.40	4.70
VANILLA, CARAMEL OR PEPPERMINT LATTE	5.10	5.30
CARAMEL MACCHIATO	5.10	5.30
CAFFE MOCHA	5.10	5.30
PEPPERMINT MOCHA	5.30	6.10

CUSTOMIZE YOUR DRINK

ADD SOY, ALMOND OR OAT MILK	+1.00
ADD FLAVORED SYRUP OR ESPRESSO SHOT	+1.00

Ask about our different syrups for extra added deliciousness to your coffee or iced drinks!

ICED DRINKS

COLD BREW ICED COFFEE	3.60	4.10
ICED AMERICANO	4.60	5.10
ICED LATTE	4.60	5.10
ICED VANILLA OR PEPPERMINT LATTE	5.40	5.70
ICED CARAMEL MACCHIATO	5.40	5.70
ICED MOCHA	5.40	5.70
ICED PEPPERMINT MOCHA	5.70	6.10
ICED SHAKEN ESPRESSO w/OAT MILK	5.40	5.70

ICED TEA & LEMONADE

BLACK OR HERBAL TEA	3.10	3.40
LEMONADE PLAIN, ARNOLD PALMER, BLACKBERRY, MANGO, STRAWBERRY	3.60	4.10
ICED MACHA GREEN TEA LATTE	5.40	5.80
ICED CHAI LATTE	5.40	5.80
ICED TURMERIC LATTE w/ALMOND MILK	5.80	6.10

MIGHTY LEAF

HOT TEA BLACK, GREEN, HERBAL	3.10	3.40
MATCHA GREEN TEA LATTE	4.60	5.10
CHAI LATTE	4.80	5.10
TURMERIC LATTE w/ALMOND MILK	5.80	6.10
HOT COCOA	3.70	4.10

SMOOTHIES, SHAKES & JUICES

SMOOTHIES TRIPLE BERRY, ACAI/BANANA, GREEN, SUPER, DRAGON, STRAWBERRY/BANANA, MIXED FRUIT	9.00
SHAKES VANILLA, CHOCOLATE, STRAWBERRY	8.00
COLD-PRESSED FRESH JUICES (PRICES VARY) BEETACULAR DELIGHT, ZINGY ORANGE, GREEN REFRESH, ORANGE JUICE, LEMON GINGER SHOT, TURMERIC SHOT	

BURGERS

INCLUDES FRIES OR HOUSE SALAD

CLASSIC BURGER 18 CHEESE +1, BACON OR AVOCADO +2 PORTOBELLO MUSHROOMS +2	SALMON BURGER 22 ONIONS, TOMATO, AVOCADO, ARUGULA, GOAT CHEESE, SPICY WALNUTS & BEETS
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SANDWICHES

BAGUETTE, COUNTRY WHITE, MULTIGRAIN, RYE, BRIOCHE,
KNOTTED ROLL, WRAP OR GLUTEN FREE BAGUETTE
INCLUDES CHIPS OR HOUSE SALAD

GRILLED GREEK CHICKEN 14 FETA, CUCUMBER, ONION & HONEY DIJON	GRILLED CHICKEN & GOAT CHEESE 14 SPINACH, RED ONION & BALSAMIC VINAIGRETTE
CRISPY ITALIAN CHICKEN 14 FRESH MOZZARELLA, ROASTED PEPPERS & BALSAMIC	GRILLED CHICKEN & JACK 14 ROASTED PEPPERS, ONIONS & CHIPOTLE MAYO
PROSCIUTTO & FRESH MOZZARELLA 15 ARUGULA ROASTED PEPPERS, TOMATOES & BALSAMIC	GRILLED CHICKEN & BRIE 14 TOMATO, ONION & HONEY DIJON
HAM & BRIE 14 ROMAINE, PEAR & HONEY DIJON	ROAST TURKEY 14 CRANBERRY RELISH, ROMAINE & MAYO
CRISPY BUFFALO 15 BUFFALO CHICKEN, EGG, AMERICAN CHEESE, PICKLES	MOZZARELLA & TOMATO 13 PESTO & BALSAMIC VINAIGRETTE
CHICKEN SALAD 14 APPLES, WALNUTS & RAISINS	GRILLED NOLA CHICKEN 14 ONIONS, CORN, AVOCADO CAJUN CHICKEN & HONEY DIJON
TUNA SALAD 14 TOMATO, ROMAINE & MAYO	TURKEY & GOAT CHEESE 15 APPLE, ARUGULA & HONEY DIJON
STEAK SANDWICH 21 BRUSSELS SPROUTS, CAMELIZED ONION, MONTEREY JACK, SPICY MAYO & BBQ SAUCE	GRILLED SHRIMP 17 GOAT CHEESE, ARUGULA, TOMATO & BASIL PESTO
AVOCADO TOAST 12 ADD LOX OR SHRIMP +8 (chips or salad not included)	SALMON SANDWICH 22 TOMATO, ARUGULA, SPICY TRUFFLE MAYO W/ CHIA SEEDS
CLASSIC BLT 13	

SOUP OF THE DAY

What is today's soup? Please ask us!

HOT BOWLS

ADD CRISPY/GRILLED CHICKEN +6.50, GRILLED SHRIMP +8, TUNA SALAD +6.50
GRILLED STEAK +11, PAN SAUTÉED SALMON +13, CHICKEN SALAD +6.50, QUINOA +3

SPICY THAI BOWL 19 CHICKEN, RICE, TOMATO, SCALLIONS, BEANS, CARROTS, ONION, CELERY	LENTIL LUNCH SPECIAL 16 LENTIL, SCALLIONS, AVOCADO ROASTED CHICKPEAS CHERRY TOMATOES, FETA CHEESE, GLUTEN FREE
SALMON QUINOA BOWL 25 BROILED SALMON, QUINOA, LENTIL, AVOCADO, CHERRY TOMATOES	QUINOA SPECIAL 16 QUINOA, GOAT CHEESE, CHERRY TOMATOES CORN, AVOCADO, LIME

WRAPS

INCLUDES CHIPS OR HOUSE SALAD

CHOICE OF WHITE, WHOLE WHEAT,
OR GARDEN SPINACH WRAP

BUFFALO WRAP 14 CRISPY OR GRILLED CHICKEN, ROMAINE, CARROTS & BLEU CHEESE DRESSING	ROASTED PORTOBELLA 15 FRESH MOZZARELLA, RED PEPPERS & SUN DRIED TOMATO PESTO
CAESAR WRAP 14 CRISPY OR GRILLED CHICKEN, ROMAINE, PARMESAN & CREAMY CAESAR	HAM & BRIE 14 ARUGULA & HONEY DIJON ON CHALLAH BREAD
MEDITERRANEAN WRAP 15 GRILLED CHICKEN, HUMMUS, AVOCADO, TOMATO, CUCUMBER, BROCCOLI, OREGANO DRESSING	THE CUBAN 16 GRILLED HAM, PORK LOIN, SWISS, PICKLES & YELLOW MUSTARD
PELHAM VEGGIE WRAP 14 AVOCADO, ARUGULA, BABY SPINACH, TOMATOES, CARROTS & HONEY MUSTARD	GRILLED CHICKEN PESTO 15 SUN DRIED TOMATOES, ROASTED PEPPER & FRESH MOZZARELLA
CRISPY CHICKEN WRAP 15 CRISPY CHICKEN, BACON, CHEDDAR, GUACAMOLE, ROMAINE RED ONION, RANCH DRESSING	CHICKEN & BACON 15 WITH CHEDDAR & BBQ

THE DOSA 15
LENTIL/RICE WRAP,
ARUGULA, AVOCADO,
MONTEREY JACK & TOMATO
ADD GRILLED/CRISPY CHICKEN +6.50
SHRIMP +8 LOX +8
(chips or salad not included)

KIDS MENU

INCLUDES FRIES, SMALL SALAD, OR FRUIT CUP

CHEESE QUESADILLA 9	GRILLED CHEESE 9
CHICKEN FINGERS 12	PANCAKES 9
HAMBURGER 12 ADD CHEESE +1	MAC & CHEESE 9 (no side included)